



International Centre for Transactional Analysis Qualifications

Summary of Awards and Qualifications

This document, and the accompanying table and flowchart, have been produced to provide an easy-reference source to the range of awards and qualifications that are operated by ICTAQ and can also lead to endorsement by the following bodies:

- CMI – Chartered Management Institute
- EATA – European Association for Transactional Analysis
- EMCC – European Mentoring & Coaching Council
- FTAA – Federation of Transactional Analysis Associations (based Australasia)
- ICF – International Coach Federation
- IDTA – Institute of Developmental Transactional Analysis
- ILM – Institute of Leadership and Management
- ITAA – International Transactional Analysis Association
- Middlesex University
- Professional Development Foundation (associated to Middlesex University)

The following bodies operate under the auspices of ICTAQ:

- ICDSV – International Centre for Developmental Super-Vision
- ICDTA – International Centre for Developmental Transactional Analysis
- ICPTA – International Centre for Psychotherapy Transactional Analysis

We are aware that our range of qualifications is extensive and not always easy to comprehend. Please contact us on ictaq@ictaq.org to arrange a free, no-obligation discussion of options. Please advise your town & country so we can put you in touch with whoever will be the most appropriate member of our team.

Membership of ICTAQ, ICDTA, ICDSV and ICPTA is open to all with suitable qualifications. The following statement is included in the interests of openness and transparency. ICTAQ, ICDTA, ICDSV and ICPTA are run under the sponsorship of Psychological Intelligence Ltd and in association with Psychological Intelligence Foundation CIC, a non-profit educational organisation.

TAPAs – TA Proficiency Awards

These may be obtained by children and young people (TAPACY), by teachers and educators (TAPATE), by caregivers and parents (TAPACM), all by helpers and assistance (TAPAHA). New applications can also be added provided they are related to children (see TAPDA below for other options). TAPA candidates are expected to produce a folder, or portfolio, that contains examples of how they applied DTA in their life. This might include, for instance, an analysis using TA ideas of their relationships in the classroom or family. They need to do this for six different TA concepts (e.g. ego states, strokes, psychological games). It is then assessed by an experienced TA practitioner and the candidate receives a certificate and badge, usually at a celebratory Award Ceremony. Anyone can provide the teaching for TAPA students of any age, making it a valuable addition to services provided by trainees/CTAs in any field. The international TAPA schemes are currently overseen by the IDTA. See <http://www.instdta.org/ta-proficiency-awards.html>

TAPDA – TA Personal/Professional Development Awards

Similar to TAPA, but managed by ICDTA, this is an introductory level award for people who have learned some TA and want confirmation and recognition that they have applied it in their life generally well within their professional activity. TAPDAs are awarded on production of a portfolio of evidence; Advanced TAPDAs cover additional concepts and include presentation of a learning journal. As with TAPA, anyone can teach the TA to the participants but the evidence is assessed only by those with sufficient advanced TA training and supervision. Again, it is a value-added item for trainees/CTAs in any field, and acting as assessor is in itself a valuable learning experience. TAPDA schemes can be for personal development (TAPeDA), professional development (TAPrDA) or for both (TAPPDA). See <http://www.icdta.net/tapda-awards.html>

DTAMA – Manager Awards

These are designed for experienced managers, consultants, coaches etc who wish to apply DTA within their professional activities. DTAMAs equate to 40-45 university credits and are recognised by the **Institute of Leadership and Management (ILM)**, by the **Chartered Management Institute (CMI)**, and by **Middlesex University**, in association with the **Professional Development Foundation**. For the ILM and/or ICDTA auction, candidates should expect to attend 12 days of training workshops all webinars supplemented with self study, receive coaching tutorials (DTA supervision), and produce evidence of their application of DTA to their personal and professional development. For the university credits and/or for CMI Chartered Manager Status, attendance at an additional 8-12 days of training workshops all webinars is required.

DTAPA - Practitioner Awards

These are designed for those already qualified as 'helping professionals' in something other than TA, who want to check out how well they are incorporating DTA into their professional practice. They might be coaches, consultants, educators, mediators, HR professionals – any role where the primary focus is on helping other people, or families, teams or organisations, to develop themselves. Candidates must already hold a competence-based qualification that has involved training, supervision and practice, and are expected to have engaged in more training and supervision with internationally-accredited DTA professionals. They are required to produce evidence of DTA application and a critical reflection on how DTA fits with their own approach.

Diploma in Developmental Super-Vision - RELAUNCHING 2017

Developed by ICDSV, this Supervisor qualification is for those who have already qualified as a practitioner in TA or in other approaches, and wish to supervise others within the same professional category. Requirements are 60 hours attendance at workshops/seminars led by ICDSV trainer/supervisors (online option available), 100 units of providing supervision to at least 5 supervisees, 20 units of supervised supervision. Candidates also make 3 theoretical presentations and 3 case presentations. See <http://www.icdsv.net/the-diploma.html>

In 2012, Julie Hay (one of the five original founder members of EMCC) submitted an application for this programme to be assessed by EMCC for their ESQA - European Supervision Quality Award. Although the award of a Provisional ESQA was recommended by the assessor, this was overturned by the panel who required a detailed quality procedures manual and attendance by more students. We are now relaunching the programme and will re-submit our application to EMCC in due course.

DTAPQ – DTA Professional Qualifications

These are a Certificate and Diploma in DTA, in which a specialisation is also an optional extra. They represent approximately 25% each of the requirements set for the international TA qualifications and are a particularly supportive route towards the Certified Transactional Analyst exams. They can also form the basis for the MSc Professional Development (DTA) that is described below. They are intended for those already in practice or about to start as helping professionals, who wish to make DTA a major element of their professional approach. Candidates are expected to attend training and supervision with internationally-accredited DTA trainer/supervisors and to produce evidence of their competent application of DTA. Candidates will be applying DTA in their work for at least 100 hours and will attend for 20 days training/supervision across a year for each level, although they can spread training and application over a longer period. See <http://www.icdta.net/awards--qualifications.html>

We are currently exploring the requirements to align DTA Professional Qualifications with those of the **ICF – International Coach Federation** and will post regular updates at www.ictaq.org

PTAPQ – PTA Professional Qualifications

These are similar to the DTA Certificate and Diploma related to TA Psychotherapy. They represent approximately 25% each of the requirements set for the international TA qualifications and are a particularly supportive route towards the Certified Transactional Analyst exams. They are intended for those already in practice or about to start as psychotherapists, who wish to make PTA a major element of their professional approach. Candidates are expected to attend training and supervision with internationally-accredited DTA trainer/supervisors and to produce evidence of their competent application of PTA. Candidates will be applying PTA in their work for at least 100 hours and will attend for 20 days training/supervision across a year for each level, although they can spread training and application over a longer period. See www.ictaq.org

Please note that the use of the title of Psychotherapist has legal restrictions in many countries. Our focus is on developing your competence in the application of transactional analysis in your professional practice. Please check for any national requirements that may exist in your country of practice.

MSc Professional Development (Developmental Transactional Analysis)

(A specialism may be added to this title if appropriate e.g. Coaching, Counselling, Organisational Development)
Awarded by Middlesex University in association with the Professional Development Foundation, Psychological Intelligence Foundation CIC and the ICDTA, this qualification requires that helping professionals demonstrate their competent application of DTA, accompanied by a series of critical reflective essays. The DTA competence is typically developed over 3-4 years of DTA training workshops, supervision and application and is assessed via P/TSTA members of ICDTA. The critical reflective essays are then assessed in line with Middlesex University requirements. Both elements must be passed. Candidates are expected to attend 20 days training/supervision across each year and to be applying DTA in their professional work. They are also expected to engage in some work-based research activity. Those who wish can opt for Postgraduate Certificate or Diploma instead of MSc.

The Postgraduate Certificate aligns with the requirements for the **Practitioner award by EMCC**, and the **MSc with the EMCC Master Practitioner**.

CTA – Certified Transactional Analyst, CTA Trainer, TSTA

These are the international qualifications, run by the training bodies of the international TA associations in ways that ensure the standards are consistent internationally. Candidates opt for one of four fields of application: psychotherapy, educational, organisational, and counselling (which also equates to coaching). For CTA, students must attend at least 300 hours of TA training and 75 hours of supervision, complete at least 500 hours of TA application, plus other professional development and practice activities that bring the total hours to at least 2000. They produce a 24000 word written examination and attend a 4-person panel examination. On the basis of 16-20 days attendance at workshops each year, most students take 4-5 years to reach CTA status. Hours achieved for the DTAPQ and the MSc can also be credited against the CTA requirements. CTA Trainer and TSTA are further qualifications after achieving CTA and are anticipated to take another 5-7 years.

Adding another field at CTA

EATA announced in 2013 that for those wishing to add CTA in another field “*the previous training followed in another field by the candidate can be counted under the responsibility of the primary supervisor.*” PTSC Telegram 31, Sep 2013 item 6.7. This means that, if you are already CTA in one field, and you complete sufficient hours of application in another field (or perhaps have already been working in another field), you may now be eligible to gain accreditation of prior learning towards the MSc and at the same time gain sufficient targeted hours of supervision for another CTA accreditation.

MSc Professional Development (TA Trainer/Supervisor)

Awarded by Middlesex University in association with the Professional Development Foundation, Psychological Intelligence Foundation CIC and the ICDTA, this qualification is designed for those who already hold CTA (any field) or an MSc in Transactional Analysis (developmental or psychotherapy) and wish to teach and supervise students who are seeking TA qualifications. Candidates attend workshops, are supervised on their teaching/training and the supervision they provide, produce portfolios of evidence and critical reflections, and engage in work-based research. Candidates are required to have provided at least 300 hours of teaching and 300 hours of supervision, and to have received at least 50 hours of supervision of each, alongside attendance at 27 days of workshops over a typical 3 year period covering teaching and training theory and practice, supervision theory and practice, advanced theoretical knowledge of TA, and of a range of non-TA theories and techniques.. A final competence-based assessment is conducted by a small panel, at which the candidate is invited to demonstrate their skills in discussion and through short recordings and live demonstrations of their practice. This qualification lines up with (optional) international accreditation as CTA Trainer/Supervisor, although candidates for this are required to specialise.

Master TA/Trainer/Supervisor

Operated by the ICDTA, this qualification is designed for those who have completed the MSc for TA Trainer/Supervisor, and requires candidates to provide at least another 200 hours of supervision (of supervision and/or teaching) of those who are undertaking the MSc for TA Trainer/Supervisor or those in contract as PTSTA with EATA/ITAA/FTAA, and to receive an appropriate level of supervision of the supervision they give. A final competence-based assessment is conducted by a small panel, at which the candidate is invited to demonstrate their skills in discussion and through short recordings and live demonstrations of their practice. This qualification lines up with (optional) international accreditation as TSTA, although candidates for this are required to specialise.

Caveat: This information in this document is for guidance only and should not be relied upon when decisions are made – the original documents should be consulted before any contracts are signed. Note also that requirements are subject to change.

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International Centre for Transactional Analysis Qualifications
Wildhill, Broadoak End, Hertford SG14 2JA, UK
ictaq@ictaq.org